

# 4 Keys to Hearing God's Voice

**1** Start with prayer: Pray to the Father and ask the Father to send you the Holy Spirit to be with you as you consider the following questions. Thank Him for the blessings you are about to receive. Ask for His help. End your prayer "in Jesus name."

**Jn 7:38**  
"He who believes in me,  
as the scripture has said,  
'Out of his heart shall flow  
rivers of living water."  
**Jn 7:38**

**2** Read the Word: Look up and prayerfully read this scripture. Take your time and allow God's Word to soak into your heart. Allow the Holy Spirit to minister meaning to this Word from God, your Father, to you. You have spoken to Him through your prayer; now allow Him to speak to you through this scripture.

**3** Commit this passage to memory this week. Your packet will have a business size card with this scripture written on it. Carry it with you and read it through out the day. Make sure to look this up in your Bible so that you will know where it is located.

**4** If you are using a color-coding system to mark your Bible, use Brown to mark this passage. *Red = God, Trinity* .

<b>Principles for Hearing:</b>	
1) God is my Father	1 Jn 3:1
2) My Father has a plan for my life	Jer 29:11
3) My Father wants to make known the plan for my life.	Is 30:21

<b>Lectio Divina</b>	
Lectio	to read
Mediatio	to meditate
Oratio	to pray/speak
Contemplatio	to contemplate

## Reflection

As you read *Jn 7:38* what does the Holy Spirit speak to your heart (be aware of thoughts and feelings)? Use *Lectio Divina*.

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Hab 2:1-4

1\* I will take my stand to watch, and station myself on the tower, and look forth to see what he will say to me, and what I will answer concerning my complaint. 2 And the LORD answered me: "Write the vision; make it plain upon tablets, so he may run who reads it. 3\* For still the vision awaits its time; it hastens to the end--it will not lie. If it seem slow, wait for it; it will surely come, it will not delay. 4\* Behold, he whose soul is not upright in him shall fail, \* but the righteous shall live by his faith.

### **1 Be Still (Ps 46:10) -**

**10** "Be still, and know that I am God. I am exalted among the nations, I am exalted in the earth!" Prepare your heart to be ready to receive a word from the Lord knowing that he wants to speak to you. Invite His presence to come to you. Put aside the cares of your life.

### **2 Fix your Eyes on Jesus (Heb 12:2) –**

**2** looking to Jesus the pioneer and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Begin to worship the Lord. Put on a worship CD or begin to sing to Him. Come into His presence. Do what helps you to warm your heart to His presence

### **3 Surrender to the Flow of the Holy Spirit (Jn 7:38-39) –**

**37** On the last day of the feast, the great day, Jesus stood up and proclaimed, "If any one thirst, let him come to me and drink. **38** He who believes in me, as the scripture has said, 'Out of his heart shall flow rivers of living water.'" **39** Now this he said about the Spirit,

Allow the Holy Spirit to begin to fill your inmost being with words and images. We are not looking to our thoughts. We are looking to Jesus to hear what he will say and see what he will show us. Be aware of both words and images that come to you. Do not judge them at this point. Let the words and images flow as a river from the Temple of God.

### **4 Write (Hab 2:1-3)**

**1** I will take my stand to watch, and station myself on the tower, and look forth to see what he will say to me, and what I will answer concerning my complaint. **2** And the LORD answered me: "Write the vision; make it plain upon tablets, so he may run who reads it. **3** For still the vision awaits its time; it hastens to the end--it will not lie. If it seem slow, wait for it; it will surely come, it will not delay. **4** Behold, he whose soul is not upright in him shall fail, but the righteous shall live by his faith.

Write in your journal all that the Holy Spirit is bringing to you.

Use the "4 Keys to Hearing God's Voice":