

# H.O.W.S. to Hearing

**1** Start with prayer: Pray to the Father and ask the Father to send you the Holy Spirit to be with you as you consider the following questions. Thank Him for the blessings you are about to receive. Ask for His help. End your prayer “in Jesus name.”

**Psalm 48:14**  
this is God,  
our God for ever and ever.  
He will be our guide for ever.  
**Psalm 48:14**

**2** Read the Word: Look up and prayerfully read this scripture. Take your time and allow God’s Word to soak into your heart. Allow the Holy Spirit to minister meaning to this Word from God, your Father, to you. You have spoken to Him through your prayer; now allow Him to speak to you through this scripture.

**3** Commit this passage to memory this week. Your packet will have a business size card with this scripture written on it. Carry it with you and read it through out the day. Make sure to look this up in your Bible so that you will know where it is located.

**4** If you are using a color-coding system to mark your Bible, use Brown to mark this passage. *Brown = Word, God speaking* .

## Principles for Hearing:

- |   |           |
|---|-----------|
| 1) God is my Father                                       | 1 Jn 3:1  |
| 2) My Father has a plan for my life                       | Jer 29:11 |
| 3) My Father wants to make known<br>the plan for my life. | Is 30:21  |

## Lectio Divina

|              |                |
|--------------|----------------|
| Lectio       | to read        |
| Mediatio     | to meditate    |
| Oratio       | to pray/speak  |
| Contemplatio | to contemplate |

# Reflection

As you read *Ps 48:14* what does the Holy Spirit speak to your heart (be aware of thoughts and feelings)? Use *Lectio Divina*.



**H**earth  
**O**thers  
**W**orld  
**S**acred Revelation

**Heart** – God will give promptings to the heart as to his will. We need to pay attention to what is going on inside of us.

**Others** – God has given us the gift of others to help us hear his voice. Others will be pointing things out to us. This is the importance of

- 1) those of authority in our lives
  - a. spouse
  - b. parents
  - c. priest
  - d. teachers

- 2) Spiritual directors

- 3) Prayer community

- a. Where you know others and they know you.

**World** – God will speak to use through our circumstances.

**Sacred Revelation** (Usually called *Divine Revelation*)

1. Scripture
2. Tradition
3. Magisterium

Let the Holy Spirit draw you to one of the H.O.W.S. How has God been speaking to you through what the Spirit has chosen?

In the past, how has God spoken through the H.O.W.S.?