

# Praying in Tongues

**1** Start with prayer: Pray to the Father and ask the Father to send you the Holy Spirit to be with you as you consider the following questions. Thank Him for the blessings you are about to receive. Ask for His help. End your prayer “in Jesus name.”

**1 Cor 14:2**  
For one who speaks in a tongue  
speaks not to men but to God;  
for no one understands him,  
but he utters  
mysteries in the Spirit.  
**1 Cor 14:2**

**2** Read the Word: Look up and prayerfully read this scripture. Take your time and allow God’s Word to soak into your heart. Allow the Holy Spirit to minister meaning to this Word from God, your Father, to you. You have spoken to Him through your prayer; now allow Him to speak to you through this scripture.

**3** Commit this passage to memory this week. Your packet will have a business size card with this scripture written on it. Carry it with you and read it through out the day. Make sure to look this up in your Bible so that you will know where it is located.

**4** If you are using a color-coding system to mark your Bible, use Green to mark this passage. *Green = Prayer, Spiritual Gifts*

**Principles for Hearing:**

1) God is my Father	1 Jn 3:1
2) My Father has a plan for my life	Jer 29:11
3) My Father wants to make known the plan for my life.	Is 30:21

**Lectio Divina**

Lectio	to read
Mediatio	to meditate
Oratio	to pray/speak
Contemplatio	to contemplate

# Reflection

As you read *1 Cor 14:2* what does the Holy Spirit speak to your heart (be aware of thoughts and feelings)? Use *Lectio Divina*.

The gift of tongues is your spirit (heart) overflowing through your tongue by the inspiration of the Holy Spirit. When one prays in tongues one enters into their spirit, which is beyond the mind. It is here, in the spirit, that the Holy Spirit comes into communion with the person to speak and give revelation.

Read the following passages:

Mk 16:17

Ac 2:1-4

Ac 10:46

Ac 19:6

Ro 8:26-27

What did you learn about the gift of tongues?

Praying in tongues before you begin to listen to the Lord helps to loosen the bonds of your heart so that you can hear the voice of the Father. It is like a farmer plowing the field so that the seed can be planted and take root.

### Exercise:



1. **Be still**
2. **Fix your eyes** on Jesus as you pray in tongues
3. **Surrender** to the flow of the Holy Spirit. Let words and images flow into your sanctified imagination.
4. **Write** what comes to your heart